4 Years of Radio Shows
September 2006 to September 2010

- Thanks to Sherry Spooner for introducing the concept.
- Thanks to Rawlco Radio for a great partnership.
- Thanks especially to Brent Loucks.

2006 Radio Shows

September 16, 2006 - An Introduction to Physical Therapy
Segment One: Click to Listen
Segment Two: Click to Listen

October 28, 2006 - Back Pain
Segment One: Click to Listen
Segment Two: Click to Listen
Examples of Disc Problems: Click to View PDF

December 23, 2006 - Disability Management
Segment One: Click to Listen
Segment Two: Click to Listen

December 30, 2006 - Women's Health
Segment One: Click to Listen
Segment Two: Click to Listen

2007 Radio Shows

February 10, 2007 - Acupuncture
Segment One: Click to Listen
Segment Two: Click to Listen

March 30th, 2007 - Mechanical Headaches
Segment One: Click to Listen
Segment Two: Click to Listen

April 4, 2007 - Maintaining Mobility with Aging
Segment One: Click to Listen
Segment Two: Click to Listen

May 19, 2007 - Sports Therapy
Segment One: Click to Listen
Segment Two: Click to Listen

May 23, 2007 - Degenerative Hip Disease
Segment One: Click to Listen
Segment Two: Click to Listen
Managing Early Degenerative Hip Pain: Click to View

September 8, 2007 - Shoulder Pain
Segment One: Click to Listen
Segment Two: Click to Listen
Managing Shoulder Pain: Click to View

October 20, 2007 - TMJ
Segment One: Click to Listen
Segment Two: Click to Listen
TMJ: Click to View

November 24, 2007 - Forearm, Wrist, and Elbow
Segment One: Click to Listen
Segment Two: Click to Listen
Forearm, Wrist and Elbow: Click to View

2008 Radio Shows

January 19, 2008 - Office Ergonomics
Segment One: Click to Listen
Segment Two: Click to Listen
Office Ergonomics for Carpal Tunnel Syndrome: Click to View

February 23, 2008 - Rehabilitation Professionals
Intoduction to Rehabilitation Professionals
Segment One: Click to Listen
Segment Two: Click to Listen
Rehabilitation Professions: Click to View

May 10, 2008 - Golf Injuries of the Upper Body
Segment One: Click to Listen
Segment Two: Click to Listen
Golf Injuries of the Upper Body: Click to View

June 14, 2008 - Golf Injuries of the Lower Body
Segment One: Click to Listen
Segment Two: Click to Listen
Golf Injuries of the Lower Body: Click to View

July 12, 2008 - Golf Stretch Video's
Segment One: Click to Listen
Segment Two: Click to Listen
Neck, Shoulder, Wrist/Elbow: Click to Watch
Lower Back/Trunk, Hip: Click to Watch
Lower Leg: Click to Watch
Swing Stretches: Click to Watch

August 9, 2008 - Ankle Sprains
Segment One: Click to Listen
Segment Two: Click to Listen
Dealing With Ankle Sprains: Click to View

Sept 13, 2008 - Q & A - General Overview of Services
Segment One: Click to Listen
Segment Two: Click to Listen

Oct 25, 2008 - Special Insurance Services - Motor Vehicle Collisions
Segment One: Click to Listen
Segment Two: Click to Listen

Nov 08, 2008 - Special Insurance Services - Work Injuries
Segment One: Click to Listen
Segment Two: Click to Listen

Nov 29, 2008 - Walking Aids
Segment One: Click to Listen
Segment Two: Click to Listen
Walking Aids: Click to View
Winter Walking Aids: Click to View

Dec 13, 2008 - Preventing Slips and Falls in Seniors
Segment One: Click to Listen
Segment Two: Click to Listen
Preventing Falls in Seniors: Click to View

Dec 27th, 2008 - Risks of Snow Shoveling
Segment One: Click to Listen
Segment Two: Click to Listen
Snow Shoveling: Click to View

2009 Radio Shows

Jan 2009 - Review of Archived Radio Shows
Segment One: Click to Listen
Segment Two: Click to Listen

Jan 10th, 2009 - Conditions of Children Part I
Segment One: Click to Listen
Segment Two: Click to Listen

Jan 17th, 2009 - Conditions of Children Part II
Segment One: Click to Listen
Segment Two: Click to Listen

Feb 7th, 2009 - Whiplash Associated Disorders
Segment One: Click to Listen
Segment Two: Click to Listen
Whiplash Associated Disorders: Click to View

Feb 21st, 2009 - Please Refer to the Oct 25th, 2008 Show "Special Insurance Services - Motor Vehicle Collisions"

April 4th, 2009 - Repetitive Strain Injuries
Segment One: Click to Listen
Segment Two: Click to Listen
Repetitive Strain Injuries: Click to View

April 18th, 2009 - Smart Running
Segment One: Click to Listen
Segment Two: Click to Listen
Smart Running: Click to View

May 2nd, 2009 - Backpack Tips
Segment One: Click to Listen
Segment Two: Click to Listen
Backpack Tips PDF: Click to View

May 16th, 2009 - Preventing Gardening Injuries
Segment One: Click to Listen
Segment Two: Click to Listen
Preventing Gardening Injuries PDF: Click to View

June 13th, 2009 - Please Refer to the May 10th, 2008 Show "Golf Injuries of the Upper Body"

June 27th, 2009 - Please Refer to the June 14th, 2008 Show "Golf Injuries of the Lower Body"

July 11th, 2009 - Please Refer to the July 12th, 2008 Show " Golf Stretch Video's"

July 25th, 2009 - Please Refer to the January 19th, 2008 Show " Office Ergonomics"

August 8th, 2009 - Physical Therapy and Strokes
Segment One: Click to Listen
Segment Two: Click to Listen
Stroke Rehabilitation PDF: Click to View

August 29th, 2009 - Physical Therapy and Multiple Sclerosis
Segment One: Click to Listen
Segment Two: Click to Listen
Multiple Sclerosis PDF: Click to View

Sept 05th, 2009 - Posture
Segment One: Click to Listen
Segment Two: Click to Listen
Posture PDF: Click to View

Sept 19th, 2009 - Slo-Pitch Injuries
Segment One: Click to Listen
Segment Two: Click to Listen
Slo-Pitch Injuries PDF: Click to View

Oct 3rd, 2009 - Scoliosis
Segment One: Click to Listen
Segment Two: Click to Listen
Scoliosis PDF: Click to view

Oct 17th, 2009 - Osteoporosis
Segment One: Click to Listen
Segment Two: Click to Listen
Osteoporosis PDF: Click to View

Nov 7th, 2009 - Sports Rehabilitation Resources at Bourassa and Associates
Segment One: Click to Listen
Segment Two: Click to Listen

Nov 21st, 2009 - Please Refer to the Dec 27th, 2008 Show "Risks of Snow Shoveling"

Dec 5th, 2009 - Common Volleyball Injuries and Rehabilitation Principles
Segment One: Click to Listen
Segment Two: Click to Listen
Volleyball PDF: Click to View

Dec 18th, 2009 - Please Refer to the Dec 23rd, 2006 Show "Disability Management"

2010 Radio Shows

Jan 16th, 2010 - Parkinson's Disease
Segment One: Click to Listen
Segment Two: Click to Listen
Parkinson's PDF: Click to View

Jan 23rd, 2010 - Please Refer to the Sept 8th, 2007 Show "Shoulder Pain"

Feb 6th, 2010 - Anterior Knee Pain in Adolescents
Segment One: Click to Listen
Segment Two: Click to Listen
Anterior Knee Pain PDF: Click to View

Feb 20th, 2010 - Please Refer to the Sept 13th, 2008 Show "Q & A - General Overview of Services"

March 6th, 2010 - Achilles Tendon Injuries
Segment One: Click to Listen
Segment Two: Click to Listen
Achilles Tendon PDF: Click to View

March 20th, 2010 - Golf Injuries of the Elbow and Forearm
Segment One: Click to Listen
Segment Two: Click to Listen
Golf Injuries PDF: Click to View

April 3rd, 2010 - Special Services: Breast Cancer Survivors
Segment One: Click to Listen
Segment Two: Click to Listen

April 24th, 2010 - Please Refer to the April 18th, 2009 Show "Smart Running"

May 8th, 2010 - Discussions with a Total Knee Replacement Recipient
Segment One: Click to Listen
Segment Two: Click to Listen

May 22nd, 2010 - Please Refer to the July 12th, 2008 Show "Golf Stretch Video's"

June 5th, 2010 - Discussions with a Staff Physical Therapist
Segment One: Click to Listen
Segment Two: Click to Listen

June 19th, 2010 - Please Refer to the May 16th, 2009 Show "Preventing Gardening Injuries"

July 3rd, 2010 - Frozen Shoulder
Segment One: Click to Listen
Segment Two: Click to Listen
Frozen Shoulder PDF: Click to View

July 17th, 2010 - Please Refer to the Nov 08th, 2008 Show "Special Insurance Services - Work Injuries"

July 31st, 2010 - Please Refer to the Sept 16th, 2006 Show "An Introduction to Physical Therapy"

August 11th, 2010 - Please Refer to the Oct 28th, 2006 Show "Back Pain"

August 21st, 2010 - Please Refer to the Dec 23rd, 2006 Show "Disability Management"

Sept 11th, 2010 - Please Refer to the Dec 30th, 2006 Show "Women's Health"

Main Location Contact Info:

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Saskatoon, SK
S7K 6M1

phone: (306) 665-1962
fax: (306) 975-0109
fax toll free: 866-340-0109

e-mail: info@bourassarehab.com

Click here for a map to our location

Other Locations:

Biggar - 113 3rd Ave West
(306) 948-4808

Fort Qu'Appelle - All Nations Healing Hospital
(306) 332-5055

Imperial - 310 Royal Street, Town Office Bldg
(306) 963-2060

Kindersley - 205 Main Street, Kindersley Insurance
(306) 463-2012

North Battleford - 982 102nd St, LifeTime Fitness
(306) 445-9200

Outlook - 400 Sask Ave West
(306) 867-2030

Regina - #5 5875 Rochdale Blvd (old Sherwood Village Mall, now called Rochdale Crossing)
(306) 546-3210

Rosetown - 305 Highway #4 North
(306) 882-2273

Saskatoon Eastside Clinic - 1-325 Herold Rd (located in Herold Road Family Physicians)
(306) 665-1962

Saskatoon Medical Arts Bldg
(306) 665-1962

Saskatoon Wall Street Medical Bldg
(306) 665-1962

Saskatoon Westside Clinic - #2 3315 Fairlight Dr.
(306) 665-1962

Watrous - 403 Main St, Dr Office on Main St
(306) 946-2074

Wynyard - 218 Bosworth St
(306) 554-2046